

| Percent of Youth Reporting Assets <sup>1</sup> - Alexandria City Public Schools |   |      |      |      |      |      |      |  |
|---|---|------|------|------|------|------|------|--|
| External Asset  | Definition  | 2010 | 2013 | 2016 | 2019 | 2022 | 2025 |  |
| <b>Support</b>  |   |      |      |      |      |      |      |  |
| 1. Family support   | Family life provides high levels of love and support  | 67%  | 68%  | 71%  | 73%  | 70%  | 78%  |  |
| 2. Positive family communication  | Young person and their parent(s) communicate positively, and young person is willing to seek parent(s') advice and counsel      | 25%  | 25%  | 26%  | 24%  | 29%  | 33%  |  |
| 3. Other adult relationships  | Young person receives support from three or more relationships nonparent adults   | 42%  | 46%  | 42%  | 42%  | 38%  | 42%  |  |
| 4. Caring neighborhood  | Young person experiences caring neighbors   | 37%  | 34%  | 32%  | 35%  | 32%  | 35%  |  |
| 5. Caring school climate  | School provides a caring, encouraging environment   | 28%  | 31%  | 30%  | 35%  | 31%  | 36%  |  |
| 6. Parent involvement in schooling  | Parent(s) are actively involved in helping young person succeed in school   | 28%  | 28%  | 26%  | 26%  | 24%  | 24%  |  |
| <b>Empowerment</b>  |   |      |      |      |      |      |      |  |
| 7. Community values youth   | Young person perceives that adults in the community value youth   | 20%  | 20%  | 19%  | 19%  | 17%  | 20%  |  |
| 8. Youth as resources   | Young people are given useful roles in the community  | 21%  | 26%  | 26%  | 26%  | 25%  | 25%  |  |
| 9. Service to others  | Young person serves in the community one hour or more per week  | 46%  | 46%  | 40%  | 39%  | 38%  | 42%  |  |
| 10. Safety  | Young person feels safe at home, school, and in the neighborhood  | 49%  | 46%  | 46%  | 47%  | 39%  | 39%  |  |
| <b>Boundaries and Expectations</b>  |   |      |      |      |      |      |      |  |
| 11. Family boundaries   | Family has clear rules and consequences, and monitors the young person's whereabouts  | 41%  | 42%  | 46%  | 53%  | 47%  | 50%  |  |
| 12. School boundaries   | School provides clear rules and consequences  | 47%  | 54%  | 52%  | 52%  | 50%  | 57%  |  |
| 13. Neighborhood boundaries   | Neighbors take responsibility for monitoring young boundaries people's behavior   | 42%  | 40%  | 40%  | 39%  | 35%  | 40%  |  |
| 14. Adult role models   | Parent(s) and other adults model positive, responsible behavior   | 27%  | 30%  | 33%  | 37%  | 39%  | 38%  |  |
| 15. Positive peer influence   | Young person's best friends model responsible behavior  | 60%  | 65%  | 71%  | 73%  | 83%  | 84%  |  |
| 16. High expectations   | Both parent(s) and teachers encourage the young person to do well   | 51%  | 57%  | 55%  | 60%  | 56%  | 67%  |  |
| <b>Constructive Use of Time</b>   |   |      |      |      |      |      |      |  |
| 17. Creative activities   | Young person spends three or more hours per week in lessons or practice in music, theater, or other arts                        | 21%  | 18%  | 16%  | 19%  | 16%  | 16%  |  |
| 18. Youth programs  | Young person spends three or more hours per week in sports, clubs, or organizations at school and/or in community organizations | 52%  | 57%  | 54%  | 54%  | 47%  | 53%  |  |
| 19. Religious community   | Young person spends one or more hours per week in activities in a religious institution   | 52%  | 55%  | 51%  | 42%  | 36%  | 47%  |  |
| 20. Time at home  | Young person is out with friends "with nothing special to do" two or fewer nights per week                                      | 56%  | 63%  | 68%  | 71%  | 72%  | 75%  |  |

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|---|---|------|------|------|------|------|------|
| Internal Asset  | Definition  | 2010 | 2013 | 2016 | 2019 | 2022 | 2025 |
| <b>Commitment to Learning</b>   |   |      |      |      |      |      |      |
| 21. Achievement motivation  | Young person is motivated to do well in school  | 70%  | 69%  | 72%  | 72%  | 68%  | 71%  |
| 22. School engagement   | Young person is actively engaged in learning  | 48%  | 47%  | 53%  | 79%  | 80%  | 79%  |
| 23. Homework  | Young person reports doing at least one hour of homework every school day                             | 52%  | 48%  | 55%  | 52%  | 48%  | 43%  |
| 24. Bonding to school   | Young person cares about his or her school  | 49%  | 50%  | 53%  | 56%  | 52%  | 52%  |
| 25. Reading for pleasure  | Young person reads for pleasure three or more hours per week  | 26%  | 25%  | 22%  | 20%  | 25%  | 22%  |
| <b>Positive Values</b>  |   |      |      |      |      |      |      |
| 26. Caring  | Young person places high value on helping other people  | 56%  | 61%  | 68%  | 73%  | 70%  | 71%  |
| 27. Equality and social justice   | Young person places high value on promoting equality and reducing hunger and poverty                  | 62%  | 65%  | 76%  | 82%  | 79%  | 77%  |
| 28. Integrity   | Young person acts on convictions and stands up for his or her beliefs                                 | 71%  | 75%  | 78%  | 82%  | 78%  | 78%  |
| 29. Honesty   | Young person tells the truth even when it is not easy   | 65%  | 68%  | 71%  | 75%  | 71%  | 77%  |
| 30. Responsibility  | Young person accepts and takes personal responsibility  | 65%  | 65%  | 72%  | 77%  | 70%  | 78%  |
| 31. Restraint   | Young person believes it is important not to be sexually active or to use alcohol or other drugs      | 41%  | 42%  | 45%  | 44%  | 49%  | 60%  |
| <b>Social Competencies</b>  |   |      |      |      |      |      |      |
| 32. Planning and decision-making  | Young person knows how to plan ahead and make choices   | 33%  | 37%  | 38%  | 40%  | 34%  | 40%  |
| 33. Interpersonal competence  | Young person has empathy, sensitivity, and friendship skills  | 44%  | 43%  | 38%  | 45%  | 43%  | 47%  |
| 34. Cultural competence   | Young person has knowledge of and comfort with people of different cultural/racial/ethnic backgrounds | 52%  | 55%  | 60%  | 66%  | 67%  | 61%  |
| 35. Resistance skills   | Young person can resist negative peer pressure and dangerous situations                               | 41%  | 46%  | 50%  | 53%  | 50%  | 59%  |
| 36. Peaceful conflict resolution  | Young person seeks to resolve conflict nonviolently resolution  | 37%  | 41%  | 46%  | 44%  | 51%  | 56%  |
| <b>Positive Identity</b>  |   |      |      |      |      |      |      |
| 37. Personal power  | Young person feels he or she has control over "things that happen to me"                              | 42%  | 38%  | 36%  | 34%  | 29%  | 37%  |
| 38. Self-esteem   | Young person reports having a high self-esteem  | 57%  | 52%  | 48%  | 39%  | 31%  | 39%  |
| 39. Sense of purpose  | Young person reports that "my life has a purpose"   | 59%  | 60%  | 58%  | 52%  | 43%  | 56%  |
| 40. Positive view of personal future  | Young person is optimistic about their personal future  | 74%  | 72%  | 73%  | 65%  | 60%  | 67%  |

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